**2021年托福独立写作范文**

**(3月)**

卡通人物

描述已自动生成

**写作部分**

**(Writing)**  
**1)题目: Do you agree or disagree with the following statement: For success in school or work, having the ability to adapt or adjust to changing conditions or circumstances is more important than having excellent knowledge of a job or a field of study.**

For success in work or school, it is more important to be able to adapt to new circumstances than to have specific knowledge.

While knowledge is of course needed to get a job done, a person who can adapt well can find the information needed to succeed. A person does not need to know everything as long as he knows how to find answers. This point is made clear through a simple situation: a person needs to make a telephone call. The person can remember the telephone number and make the call. However, a person without that knowledge can still make the call if he is flexible enough to search for the phone number from a friend, a phone book, the internet, or other resources. It is clear that ability to learn is more effective than knowing the answer when an unfamiliar phone number is needed.

A person who can adapt can also bring new innovations to a workplace. Instead of just following the same pattern that everyone else uses, the adaptable person can see better ways to complete tasks. For example, he could streamline processes or simplify procedures so that time and money is saved. The person is a much more valuable asset to the company than a person who sticks to routine. The adaptable person is therefore more likely to be promoted or given pay raises because of his productivity.

Finally, an adaptable person can better handle crises or unexpected situations. Even if he does not have specific answers, he can react quickly and capably in an emergency. A dramatic example is when a fire breaks out in the building. A person who does not adapt well may panic or freeze. Alternately, he may stubbornly try to complete a task such as shutting down his computer before fleeing the building. By contrast, the adaptable person does not need to know procedures to use unfamiliar fire extinguishing equipment, seek safety, or help others find their way out of the building. This ability to deal with problems helps in ordinary situations such as organizational restructuring or transfers, too.

The ability to adapt helps a person succeed in many aspects of work and regular life. The person can solve problems, create more productive systems, and react effectively in new situations. Therefore, the ability to adapt is more important than having specific knowledge.

**2)题目: Do you agree or disagree with the following statement? Parents today spend too much time trying to help determine the future of their children; children should be allowed to make their own choices. Use specific reasons and examples to support your answer. Make sure to use your own words. Do NOT use memorized examples.**

While the conventional wisdom has it that education was considered as the schools’ and teachers’ responsibility, parents also play a significant role in it in the eye of people nowadays. Therefore, it leads to a debate whether some parents have interfered too much in their children’s decisions. From my perspective, I feel that kids should be allowed to make their own choices since over interference from parents will negatively affect their children.

Initially, children might get used to rely on their parents to make decisions even when they grow up if they seldom make decisions on their own. If children could weigh their choices on their own, they have to consider various factors, take practice, and ultimately learn to take responsibilities for their choices. In contrast, if they are deprived of the right to make their own decisions in their childhood, they will find it hard to think independently when they become adults. In today’s society, it is not uncommon to see some immature adults who are lack of critical thinking and fail to take responsibility for their mistakes. A case in point is my brother’s experience. When he got married and planned to buy a house, he had to seek advice from his parents on every little detail in decision- making but lost the ability to search for information online or think by himself what kind of house he really wanted. From his example, we can tell that relying too much on parents will make it difficult for their kids to fit in social life. This also exerts a heavy burden on parents because children might blame their parents for their own mistakes.

Additionally, the future built up from parents’ desire might not be the one that children really expect, which may lead to an unhappy life. Living as an independent person, everyone has their preferable lifestyle. As a result, children should have the freedom to choose the way they want to live instead of leaving parents to decide their future. Even though some parents claim that they alter their children’s decisions so that they will achieve success, children might lose their passion and goals if they do not live as they wish. They also face considerable burden when they feel afraid of not meeting parents’ expectations. My friend Amy’s story can illustrate this idea. She was forced to major in math when she was enrolled in the university because her parents work in this field, and it is actually their wish. Because she did not want to disappoint her parents, she found it difficult to initiate the talk with her parents about changing her major. Thus, Amy was struggled with learning math and felt depressed due to parent and peer pressure. Similarly, only after trying different jobs can people find the one they fit in most. Nevertheless, if their parents make the decisions for them when they graduate from school, they do not have the opportunity to try different jobs and find out their love.

Admittedly, with the interference from parents, children can avoid some mistakes to a certain degree. The reason is that sometimes parents’ suggestions from their personal experiences could serve as valuable references and assist their children to make the same mistakes they have made in the past. However, making mistakes could also provide important lessons and experiences for kids. They can learn from their mistakes and failure, stand up on their feet and finally find their desirable goal. In this way, when they have to make choices in the future, they are less likely to make similar mistakes because they can learn from the past.

In a nutshell, I feel that children should be given the right to make their own decisions. This is because otherwise they would become too dependent on their parents when they grow up and because they cannot live their own preferable life.

**3)题目: Do you agree or disagree with the following statement: Nowadays it is easier to maintain good health than it was in the past. Use specific reasons and examples to support your answer. Make sure to use your own words. Do NOT use memorized examples.**

Perhaps nowadays, nothing receives more attention than health-related issues. One hot-button topic under discussion is whether it is easier for people to maintain health than those in the past. Although in modern society we are able to gain many more benefits, in my opinion, it’s actually more difficult for people today to maintain a desired healthy physical state.

First of all, as a result of a faster growing society, on average, people are busier now than before, and thus rely more on restaurants and instant foods. A lot of people who work in dayshifts barely have time to cook meals, and oftentimes eat take-outs or make instant noodles. Sometimes, if there is an extra shift, many people skip meals. It is known that eating fast foods can often lead to serious health problems like obesity and diabetes. On the contrary, making meals from raw materials bought from the market can contribute to a much healthier eating style. The reason is that many foods bought from deli include additives but are not made from fresh sources. If anything, we now tend to have our meals outside and have a higher risk of developing a bad eating habit and get certain illnesses, thus not staying healthy.

Secondly, with increasingly more technological advancements, many household chores and services done by human beings in the past are now replaced by electronic devices and robots, so people are less physically active. Twenty years ago, when computers weren't commonly seen, people had to write letters for communication, and engage in many other physical activities without computers. But nowadays many teenagers and adults can’t live without their computers and phones. Whether it be playing digital games, watching films, or studying and working, people rely heavily on their computers and oftentimes sit in front of them for most of the day- which hurts their backs and necks. This phenomenon then proves how technology results in a more sedentary lifestyle and kills chances of people to get up and do exercises. Therefore, people today are less likely to stay as healthy.

In a nutshell, I feel that people cannot stay healthy as easily as those were in the past. This is because nowadays many people rely heavily on instant foods and restaurants and because they live a relatively more sedentary life in today’s society.

**4)题目: Which of the following people do you think need the government financial support most?**

* **people over 70 years old**
* **young families with children**
* **people who lost their jobs**

Government funds are usually used to support low-incomers, farmers, etc. Out of many groups that need financial aid from the country, I believe those retired should be prioritized when compared with other groups.

It might seem reasonable for young families and jobless workers to deserve support more. For young families, taking care of children can be a daunting task, which requires great physical efforts and huge amounts of fortune. Also, for the unemployed, life could be especially hard when one suddenly becomes jobless for they still have tons of bills to pay.

However, the old are more underprivileged. Firstly, many retired and elderly people do not have their daughters and sons around them, so they need extra financial help at crucial times. Many youngsters leave their parents’ house when they enter society and find jobs. As a result, they spend significant less time with their parents. Oftentimes, they become financially independent as well. But inevitably, there are possibilities when they are not always able to provide enough financial support needed by their parents. For example, elderly people are more prone to diseases and cancers, which sometimes even require surgery and a huge amount of money for medication. At times like these, it cannot be ensured that they can get support from their children. Since the senior are obviously more vulnerable and lonelier, they deserve more attention from the government.

Secondly, elderly ones, unlike others, are not able to get another job or earn money in any way. Though it could be dramatically unfortunate for people who lost their jobs and for families who can hardly make ends meet, their suffering could be alleviated if they join a local job fair to find a part- time job. Whereas for the elders, they are much less likely to make a living given their physically limited abilities. Therefore, they have to depend on the allowances provided by the government. Otherwise, they can be helpless.

To sum up, with a tight budget, government should prioritize the need of the old.

**5)题目: Do you agree or disagree with the following statement? Movies are only worth watching when they can teach us about things in real life.**

With remarkable progress of people’s living standard, watching movies seems to be a dispensable part of people’s lives, as movies not only entertain the viewers but also enlighten them. Some people claim that only movies that can teach us something about real life are worth watching. However, I regard this assertion as unfair and arbitrary because there are at least two other kinds of movie that are also worth watching: comedy and scary movie. And my reasons and examples are given below.

Comedies are worth watching, for they give us a real good way to relax ourselves. It is because the only goal that the comedies try to achieve is to make people laugh and laughing is in fact proven by science to be one of best medicines to alleviate pressure, pain, or depression. I still can remember when I was preparing for the college entrance examination—a make-or-break exam that even determines one’s future—the most enjoyable thing was to watch a Jim Carrey movie after a whole day’s hard work. Through those hilarious plots and exaggerating acting of Jim Carrey, my intense minds suddenly got relaxed.

Another kind of movies, scary movie, is also worth watching because it allows people to experience the excitement of horror under a safe circumstance. In most cases, people are pursuing happiness while avoiding risks, but human being’s nature of curiosity sometimes makes us want to experience those fearful feelings that we hate to have in real life. Though this kind of mind may be paradoxical, but it does exist sometimes. For example, almost every scary-movie lover enjoys the moment when they breathed a sigh of relief at the end of the movie. Vicariously sharing the experience of others can be a kind of happiness.

Admittedly, people really benefit a lot from movies that can teach us something about real life. For instance, some movies teach us how to deal with relationship between family members, some teach us how to realize one’s American dreams by defeating difficulties one after another, and some great movies show us what is true love. Nevertheless, no matter how useful and meaningful these movies can be, it is still inappropriate to assert that they are the only ones (that are) worth watching.

In conclusion, it is absurd to believe that it is only worth watching movie that can teach us something about real life. As another two important movie genres, comedy and scary movie are equally important to our lives and should be given due respect.

**6)题目: Do you agree or disagree with the following statement? Younger children (aged less than 12 years) would get benefits if they are also taught different subjects by different teachers every day.**

In most schools around the world, students under the age of 12 are taught by just one teacher, whereas older students (12 - 16 years of age) have different teachers per subject. Despite this being the standard practice, some people believe that younger children may benefit even more if they too had a variety of teachers handling them. But in my view, I disagree with their idea.

The main reason why it is best for one teacher to manage a class of younger students is to ensure that learning is monitored well. Young children are still developing their study habits and discovering their interests. If just one person is in charge, it becomes easier to notice each student’s strengths and weaknesses across subjects, allowing immediate encouragement or correction as needed. But this becomes difficult if multiple people are involved as the different teachers will only meet the students for just a subject or two a day.

Next, classroom management becomes easier if there is just one teacher. Young children usually need to settle down before they can concentrate on the activity at hand. This often means the first few minutes of the day, and even after every lengthy break (e.g., recess, lunch), are spent getting young students to sit down and listen. But if each subject is taught by someone else, the children’s focus will be disrupted as each new teacher becomes a new stimulus, causing the class to become disorderly again. Much learning time will then be wasted just getting them to settle down once more.

Finally, younger students are still emotionally immature, possibly leading them to develop “favorites” if they are given different teachers. It will not be beneficial to students who prefer the looks and teaching styles of some teachers but dislike the appearance and methods the others. Instead of giving equal importance to all lessons, some students might just pay attention to subjects taught by the teachers they favor. Therefore, just one teacher should handle everything so that difficulties can be attributed to the subject matter, not the person teaching it.

In summary, though it might be alright for the more mature students to have a variety of teachers, it is better for younger students if they had only one teacher for all subjects. Aside from ensuring every student’s progress is monitored well, problems like classroom management and favoritism can be minimized.

**7)题目: Which one of the following values is the most important to share with a young child(5-10 years old)?**

* **Being helpful**
* **Being honest**
* **Being well-organized**

It is widely acknowledged that valuable qualities should be inculcated in children as early as possible, since younger children tend to be molded more easily by the outside world than older ones. Among the three possible values—being helpful, being honest and being well-organized—I reckon honesty the most important trait that children should develop from a young age.

Honesty is without a doubt the basic principle that every individual should live by all along one’s life. Fostering this quality in young children would yield the most benefits not only for themselves but also for the community. For one thing, being honest is one of the most important considerations in any relationships, in the promotion of employees, and in the election of leaders, etc. It is not an overstatement that honesty is a prerequisite of a promising future, and there is every reason to share with young children. For another thing, dishonesty can erode any organization. For example, a person who discloses the company’s confidential information to a competitor might be the one who lied about the unfinished homework to teachers at a young age. With no warning or punishment, children might deem it not big deal to lie and have little awareness of how severe it is. One can be less helpful or not organized but being dishonest would be disastrous. Therefore, it is imperative to educate children to be honest; the earlier, the better.

On the other hand, it is not that realistic to expect children between five and ten years old to be a big help or do things in a well-organized way. Children at this age are usually not physically or mentally mature to comprehend complex issues or figure out feasible solutions. The fact is that these abilities can only be obtained through real life experience, rather than through instructions from the elders. Furthermore, I doubt, to some extent, whether being well-organized is of benefit to children because the children’s nature of curiosity and free-thinking may be restricted. Indeed, children should not be deprived of their own way to see the world or do things, be it ridiculous or not, since this is how imagination and creativity flourish.

In conclusion, regarding the most favorable qualities that children should develop, I believe honesty should be given top priority. The reason is that honesty lays the foundation of the prosperity of both individuals and society, while the other two qualities (being helpful and well-organized) are likely either to be unrealistic or to restrict children’s development.